

Fabulous Cup 2006

April 29th - 30th, 2006

Rules
and
Regulations





Preamble

The Fabulous Cup 2006 is a competition, held to spread and support adult figure skating. Following the basic principals of Federation of Gay Games and International Gay Figure Skating Union, the skaters should be able to show and compare their abilities irrespective of their sexual orientation. Particularly in disciplines like Couples and Ice Dance same-sex couples are allowed and eligible as well as mixed couples, and will be judged equally.

A. General Information

Organizer	Fabulous Skaters Cologne, as a representative of the SC Janus
Venue	KEC Halle /KölnArena II Gummersbacher Strasse 4 50679 Köln (Deutz) phone: +49 - 221 - 27 95 0
Date of issue	April 29 th – 30 th , 2006
Schedule	A detailed schedule will be published and send to every registered skater after reaching the deadline.
Practice	Practice session will be held on April 28 th , and 29 th 2006. Information about schedule will be published soon. Please be sure to register in time!
Skaters' Party	On Monday May 1 st , a brunch will be held for all competitors and participants of Fabulous Cup 2006.
Show	After the great success of "Fabulous on Ice" last year there will be at least one show with all the Fabulous Cup participants on Sunday night - April 30 th . A second show in the afternoon may be held due to skaters will.
Public liability	Neither the Fabulous Skaters nor the SC Janus can assume liability.

B. Registry



Registry Registration can be made immediately by fax or post and it will also be possible to register online as from Nov 1st, 2005 on the official website:

www.fabulous-cup.de

It is necessary to use the provided registration forms, to guarantee a smooth uncomplicated registration.

Registry-address Fabulous Skaters Cologne
Philippe Carouge
Fritz Ruetten Str. 5
41065 Moenchengladbach
Germany
phone: +49 - 2161 – 99 29 530
fax: +49 - 2161 – 5 49 49 87

Online-Registry www.fabulous-cup.de
registry@fabulous-cup.de

Deadline March 15th, 2005
In general, late entries cannot be accepted.

Ice Skating Institute Every participant has to be a member of the *Ice Skating Institute* (ISI). You can apply for membership, which is valid for one year with registration at Fabulous Cup. If you are already member of ISI or the *International Gay Figure Skating Union* (IGFSU) please give your membership no. on the registration forms.

If you have any question about ISI or IGFSU please contact Philippe@fabulous-cup.de.



Registration fee

50 € for each participant
10 € for every registered category

Fees must be paid at the same time as registration.
Please use international bank transfer rules regarding the
correct Iban and Swift codes:

Account holder: Fabulous Cup
IBAN: DE16 3105 0000 0004 3403 78
Swift-BIC: MGLSDE33
Bank: Sparkasse Moenchengladbach
Bank´s address: Duesseldorfer Str. 16
41238 Moenchengladbach
Germany
Purpose of use: Skater´s name/club

If fees are paid cash at check-in in Cologne an additional
service charge of 10 Euro is due. Payments can only be
accepted in Euro.

We kindly advice you, that in case of withdrawal after
deadline, fees cannot be refunded!
Skaters have to pay all charges incurred – check, bank
transfer etc.



C. Terms of competition

Music Format Cassette tape or CD, which should be in clean and efficient conditions. Tapes, CD and cover must be labeled with :

- Skater's name
- Club
- Category
- Length of program
- Side to be played

Each disc must have one track only, so please hand in a separate CD or tape for each discipline!

All competitors must have an additional copy available quickly during the actual competition.

Dance music will be supplied by organizer.

Proof of capability A proof of sport's capability (not older than 3 months) issued by practical medic should be shown at latest at accreditation.

Minimum age 18 years

Age groups group I 18 – 24 years
 group II 25 – 35 years
 group III 36 – 45 years
 group IV 46 – 55 years
 group V 56 years and more

Age is determined as the first day of competition:
Apr 29th , 2006

A valid proof of identity and age (ID, driver's license etc) has to be shown at last at the accreditation.

Depending on the number of entries for each category, the referee has the right to combine or divide several age groups.



Gender-groups

All events including couples like Pair Skating or Dancing events may be participated by mixed as well as same-sex couples, which will skate in different categories.

Depending on the number of entries, women and men categories may be combined, after consultation with the skaters. Also, combination of same-sex and mixed couples into one competing group is possible.



D. Categories

Solo Free Skate

With the Solo Free Skate program, the skater should present skating skills, jumping and spinning technique. The program should combine different elements, which are combined into a well-balanced program. Depending on the skating level, a well-balanced program may include:

- jumps, solo and in combination and/or sequence
- different spins: flying, with or without change of position and foot.
- step sequences and footwork in circular, straight, serpentine or spiral shape.

Number of elements is not limited, but should be appropriate to the level. Linking the elements with connecting and challenging movements and footwork is necessary. Aspects like flow, ease, glide, power and depth of edges, posture and variation of speed and direction are considered in the judging criteria.

Creative aspects make a second part of criteria: expression, tension and esthetic use of the entire body. The performance and interpretation of the chosen music will influence the judging. Music with vocals is allowed. Props are not permitted!

Detailed composition of judging criteria:

Judge 1	10 points	Artistic impression
	10 points	Choreography, Pattern, Innovation
	10 points	Technical Merit
Judge 2	10 points	Music Interpretation, Rhythm
	10 points	Edges and Flow
	10 points	Technical Merit
Judge 3	10 points	Duration
	10 points	Posture and Carriage
	10 points	Technical Merit
Total	90 points	

The skating levels conform to the ISI Freestyle levels.

<u>Duration</u>	Solo Free Skate 1 – 3 : 1:40
	Solo Free Skate 4 – 5 : 2:10
	Solo Free Skate 6 – 7 : 2:40
	Solo Free Skate 8 -10 : 3:40



Spotlight Extended

The ability to interpret a music and its character, or to visualize a dramatic theme or topic on the ice should be proven with the skaters' program. Costumes and props may be used to support the effect, but should not be the center of the choreography: This is not a costume event.

Music with vocals is allowed.

Use of music, Timing, Interpretation and expression of music's emotion , variation of speed and direction and the use of the entire body will be judged. Individual and esthetic movements and originality are as important as deep edges and clean ease. Diversified spins, challenging footwork and new innovative elements will positively influence the marks. An arbitrary collection of pleasing or spectacular moves will be penalized.

Single Jumps should be included harmonically into the program, doubles or Axel Paulsen are not allowed.

Detailed composition of judging criteria:

Judge 1	10 points	Music and Choreography
	10 points	General Performance
	10 points	Originality / Judges Appeal
Judge 2	10 points	Costume and/or props
	10 points	General Performance
	10 points	Originality / Judges Appeal
Judge 3	10 points	Duration
	10 points	General Performance
	10 points	Originality / Judges Appeal
Total	90 points	

Skating levels and duration:

Spotlight Pre-Alpha-Delta	-	1:00 min	-	ISI Test Pre-Alpha-Delta
Spotlight I	-	1:40 min	-	ISI Freestyle 1 – 4
Spotlight II	-	2:10 min	-	ISI Freestyle 5 –10



Couples Free Skate

The couple is supposed to show artistic elements and skating quality in this discipline. A special emphasis is laid on the harmony and synchronized skating.

Besides linking movements, a well-balanced program may include:

- lifts, like Twist Lifts, Press Lifts – and in general Overhead-Lifts – in
- diversified positions and arrangements
- Solo Jumps and combinations (single + double)
- Throwing elements
- Pair- and Solo-Spins in different combinations and positions
- Death Spiral
- Step sequences and footwork in circular, straight, serpentine or spiral shape.

Number of elements is not limited, but should be appropriate to the level. The elements should be grouped in a pleasing choreography.

Mixed and same sex-couples participate in separate groups, which can be combined or divided by the referee, depending on the numbers of entry.

Detailed composition of judging criteria:

Judge 1	10 points	Music and Choreography
	10 points	General Performance
	10 points	Originality / Judges Appeal
Judge 2	10 points	Artistic impression
	10 points	General Performance
	10 points	Originality / Judges Appeal
Judge 3	10 points	Duration
	10 points	General Performance
	10 points	Originality / Judges Appeal
Total	90 points	

Skating levels and duration:

Couples Pre-Alpha-Delta	-	2:10 min	-	ISI Couples Pre-Alpha - Delta
Couples I	-	2:10 min	-	ISI Couples 1 – 3
Couples II	-	2:40 min	-	ISI Couples 4 – 5
Couples III	-	3:10 min	-	ISI Couples 6 – 10



Ice Dance - Free Dance

Free dance programs shall include common step sequences – known from the Compulsory Dances as well as new arranged footwork, performed by the couple.

Accuracy of edges, synchronized movements, diversified positions and an individual choreography compound to a program, representing the esthetic and dancing expression and skaters' technical and sporting skills.

Dance-specific elements will improve the Free Dance:

- Lifts (overhead-lifts are seen as Pair-specific and are not permitted!)
- Dancing-spins (3 revolution max)
- Dancing-Jumps (0,5 revolution max)

Spins and jumps and lifts, regarded as Pair-Skating elements are not allowed!

Mixed and same sex-couples participate in separate groups, which can be combined or divided by the referee, depending on the numbers of entry.

Detailed composition of judging criteria:

Judge 1	10 points	Creativity
	10 points	Interpretation
	10 points	General Performance
Judge 2	10 points	Pattern and Rhythm
	10 points	Presentation
	10 points	General Performance
Judge 3	10 points	Duration
	10 points	Timing, Unison, Posture
	10 points	General Performance
Total	90 points	

Skating levels and duration:

Ice Dance I	-	2:10 min	-	ISI Dance test 1 – 3
Ice Dance II	-	2:40 min	-	ISI Dance test 4 – 5
Ice Dance III	-	3:10 min	-	ISI Dance test 6 – 10



Ice Dance – Compulsory Dance + Solo Dance

For each discipline two Compulsory Dances of the following groups were set, which are relevant for Solo-Dance as for Compulsory Dance.

Ice Dance I	-	Rythm Blues Fourteenstep
Ice Dance II	-	Blues Foxtrot
Ice Dance III	-	Westminster Waltz Quickstep

Skating levels

Ice Dance I	-	ISI Dancing test 1 – 3
Ice Dance II	-	ISI Dancing test 4 – 5
Ice Dance III	-	ISI Dancing test 6 – 10

Patterns, steps, footwork and positions of each Compulsory Dance are described in the ISI-Dancing Rules. If you need information about these details, please feel free to contact us, we can send specifications via email or fax.

info@fabulous-cup.de

We provide the information about dances on the homepage.



E. Scoring and results

Scoring will be executed with the system of ISI.
Judges will be invited by Fabulous Skaters Cologne and the IGFSU.

Cologne, October 3rd 2005

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If you have any questions,
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Welcome to the
Fabulous Cup 2006 !